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Sample 504 Plan for children with congenital heart defects (CHD)

Describe how the identified disability substantially limits a major life activity:

(Child's name): _____ has a congenital heart condition (i.e. a compromised circulatory system) which adversely affects the child's stamina and ability to regulate body temperature.

Area of Concern	Accommodations	Location	Person Responsible
Lack of physical stamina related to the heart condition	<ul style="list-style-type: none">Allow child to "self limit" activities or rest if tired during PE or other activitiesChild shall not engage in the following activities: contact sports, long-distance runningAllow extra set of books at home so that child does not have to carry a heavy load to/from school	School, field trips	Staff/child
Temperature regulation issues	<ul style="list-style-type: none">Allow to rest in the shade or air conditioning if overheatedget warm if exposed to cold and visibly turning blue	Classroom, outdoors, and field trips	Teacher/Staff
Dehydration	<ul style="list-style-type: none">Access to water at all times in order to stay hydrated. Keep water bottle at desk.If child is on diuretics, unrestricted use of restroom	School, field trips	Teacher/Staff
Other health issues	<ul style="list-style-type: none">Send to nurse/health clerk if child reports not feeling well and contact parent immediatelyAllow extra time to finish work if medical issues interfere with task completionPlace child with the teacher's group during field trips (rather than other adults who may not know about his condition)	School, field trips	Teacher
Attention issues	<ul style="list-style-type: none">Provide preferential seating near the teacher and away from distractionsUse verbal or nonverbal prompts to gain child's attention	Classroom	Teacher
Anxiety	<ul style="list-style-type: none">Verbally prepare child for upcoming tests or situations that create anxiety	Classroom	Teacher